

CREATIVE COOKING FOREIGN FOODS UNIT

1) RESEARCH PAPER:

Each student is responsible for researching your chosen country to find the following information:

- the location of the country and the climate
- factors that influence food habits, beliefs and values
- agriculture in the country
- economic status of the country
- foods commonly served and food preparation methods
- dining customs
- any particular rituals and formalities that are unique
- important holidays and how they are celebrated
- any other information you find that is interesting and beneficial

Your research should be typed up in a 3 page/double spaced paper. Use a size 14 font. The 4th page of your paper will be a works cited list. You need a minimum of 3 resources. Use MLA form (#10 of your folder) for your works cited list.

2) GROUP PRESENTATION:

Be prepared to present the above information in a **SIX MINUTE** oral, group presentation. All group members should be equally involved in the presentation.

3) ETHNIC MEAL PLAN:

FOUR ethnic recipes for your meal - - one recipe will be assigned to each kitchen. You will choose a recipe for an entree', a bread or rolls, a salad or a vegetable, and a dessert. A shopping list for all ingredients needed must be done. All recipes that your group would like to use

must meet teacher approval. I will be looking at the amount of time each recipe takes **and** the cost of the ingredients. There are many recipes that simply will not work because of these constraints. Any recipe that your group is considering needs to be **READY TO SERVE** exactly one hour after class starts.

4) MEAL PREPARATION:

The day of your meal the tables will need to be set attractively to represent the culture and atmosphere of your country. This has a big effect on the overall presentation and your grade. **Be creative!** Music representing your country adds a nice touch!

5) GRADING:

Four test grades will be given for the foreign foods unit and **four quiz grades**. Test grades will be given for:

- 1) your 3 page paper
- 2) how well you utilize your research time
- 3) your part of the presentation (1 ½ minutes minimum)
- 4) how well the atmosphere is created for your country on the day of the meal

Four quiz grades will be given for each of the dishes prepared for each ethnic meal.

NEXT CLASS: Report to class first and then the entire class will go to the library. A time schedule will be given to you next class letting you know when 1) the paper is due, 2) when you will do your group presentation and 3) when each country will cook their meals.

